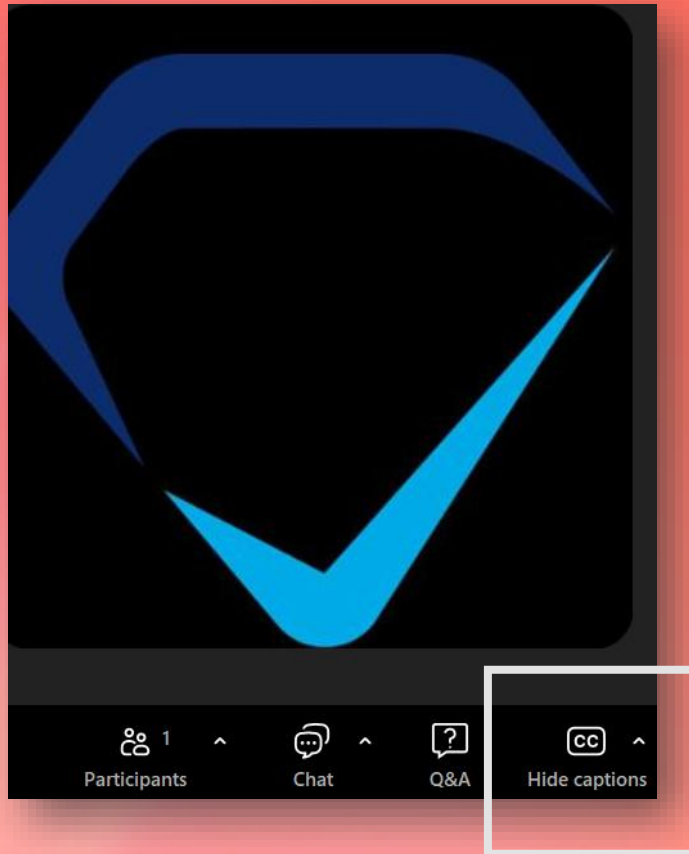


IGF

Clean Sport Education Webinar for Athletes and ASP

2 September 2025



AUTOMATED TRANSLATED CAPTIONS

INTERNATIONAL TESTING AGENCY (ITA)

- ✓ Independent international organisation that offers anti-doping services to International Federations (IFs), Major Event Organisers (MEOs), and other organisations.
- ✓ The ITA implements anti-doping programs for IFs, MEOs and other organisations requesting support.
- ✓ Manages various aspects of the anti-doping program (testing, results management, intelligence and investigations, education, etc.).

INTERNATIONAL GOLF FEDERATION (IGF)

DR MARGO MOUNTJOY – IGF MEDICAL COMMITTEE MEMBER

DR PATRICK SCHAMASCH - IGF CMO

INTERNATIONAL TESTING AGENCY (ITA)

ARMANDO URBAN, MD – EDUCATION TEAM

WELCOME FROM IGF



CHAT



Q&A



POLL

#KeepingSportReal

BY THE END OF TODAY'S SESSION, YOU SHOULD...

- ✓ Know where to find the Athlete's Anti-Doping Rights Act
- ✓ Master the principle of strict liability
- ✓ Know the 11 ADRVs and to whom they apply
- ✓ Know what the Prohibited List is, where to find it, and to actively refer to it
- ✓ Understand what a TUE is and how to apply
- ✓ Know how to manage supplement risks, use the decision-making flowchart
- ✓ Know who can be tested and when, and know athletes' responsibilities
- ✓ Reflect on the consequences of doping and understand the different sanctions
- ✓ Know who can report and what can be reported

**CAN YOU SHARE A STORY OR
EXAMPLE WHERE YOU PROMOTED
CLEAN SPORT?**

ATHLETES' ANTI-DOPING RIGHTS AND RESPONSIBILITIES

Application and standing

Equality of **opportunity**

Other rights and freedoms not affected

Equitable and **fair testing programs**

Right to **B sample analysis**

Medical treatment and protection of **health rights**

Rights during **sample collection**

Right to **justice**

Protected persons rights

Right to **accountability**

Right to **compensation**

Whistleblower rights

Right to **data protection**

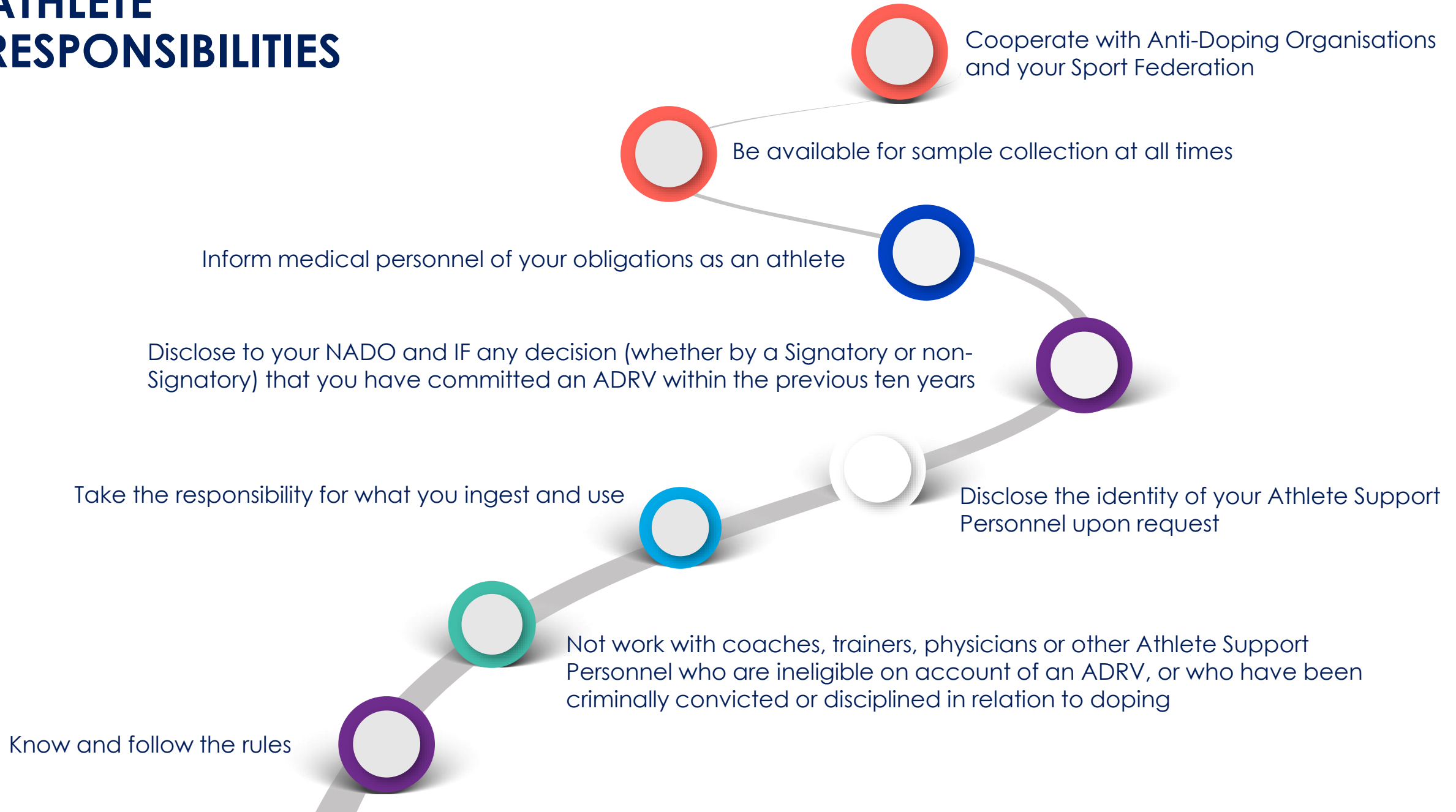
Right to **Education**



ATHLETES ANTI-DOPING RIGHTS ACT

Need advice? The [Athletes' Anti-Doping Ombuds](#) is a free, neutral, and confidential resource for athletes with questions or concerns about anti-doping issues

ATHLETE RESPONSIBILITIES



STRICT LIABILITY PRINCIPLE

The athlete is solely responsible for everything they use and that is found in their body, regardless of whether there was an intention to cheat or not or if the athlete is at fault.

ANTI-DOPING RULE VIOLATIONS (ADRVs)

POLL QUESTION

HOW MANY ANTI-DOPING RULE VIOLATIONS ARE THERE?

- ☐ 1
- ☐ 5
- ☐ 7
- ☐ 11

11. Acts by an athlete or other person to **discourage or retaliate** against reporting to authorities.

1. Presence of a prohibited substance in athlete's sample.

2. Use or attempted use of a prohibited substance or method.

3. Evading, refusing or failing to submit to sample collection.

4. Whereabouts Failures by an athlete in a Registered Testing Pool.

5. Tampering or attempted tampering with any part of doping control.

6. Possession of a prohibited substance or method.

7. Trafficking or attempted trafficking in any prohibited substance or method.

8. Administration or attempted administration of a prohibited substance or method.

9. Complicity or attempted complicity in an ADRV.

10. Prohibited association by an athlete or other person.



11 ADRVs



11 ADRVs

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THE SPORT INTEGRITY COMMISSION

PRESENTS



The Sport Integrity Commission presents



Sport Integrity
Commission
Te Kahu Raunui

**COULD YOU DESCRIBE A TIME WHEN AN
ATHLETE APPROACHED YOU IN A
MOMENT OF VULNERABILITY, AND HOW
YOU SUPPORTED THEM?**

THE PROHIBITED LIST

ATHLETES MUST KNOW ABOUT THE PROHIBITED LIST UPDATED AT LEAST ANNUALLY



THE PROHIBITED LIST



SCAN NOW!

Includes substances and methods that are prohibited in sport and when:

- ✓ Prohibited at all times.
- ✓ Prohibited only during In-Competition.
- ✓ Prohibited only in particular sports.

Substances can be found in some medications, supplements and recreational drugs.

THE PROHIBITED LIST

For a substance or a method to be **considered for inclusion in the List**, it must meet two of the following three criteria:

1. Potential to enhance or enhances sport performance.
2. Actual or potential health risk.
3. Violates the spirit of sport.



CHECK ALL MEDICATIONS BEFORE USE

- ✓ Ask a doctor or a pharmacist who is familiar with the Prohibited List and understands your anti-doping responsibilities as an athlete
- ✓ Check with your National Anti-Doping Organisation (NADO)
- ✓ Use a reliable online resource such as [GlobalDRO](#)

NADOs list:



GlobalDRO:



It is important to note that under the World Anti-Doping Code, athletes are strictly liable, meaning they are ultimately responsible for what they use or is in their systems – remember the principle of strict liability we just covered.

Searching for a medication online with GLOBAL DRO

#KeepingSportReal



Prohibited in-competition



Permitted

**DO YOU KNOW
YOUR DRUGS?**

POLL QUESTION

IS THIS MEDICATION:

- ☐ Prohibited at all times
- ☐ Prohibited in-competition
- ☐ Permitted



Medication used to
treat runny nose



Is your medication banned in sport?

[HOME](#)[SEARCH](#)[HELP](#)[FAQS](#)

Search

For what sport?

All other sports



Purchased in which country?

Switzerland



Search for brand or ingredient

Pseudoephedrine hydrochloride

Search

Total Results: 1

Pseudoephedrine

Ingredient

Other Names:

Pseudoephedrine hydrochloride

Pseudoephedrine sulfate

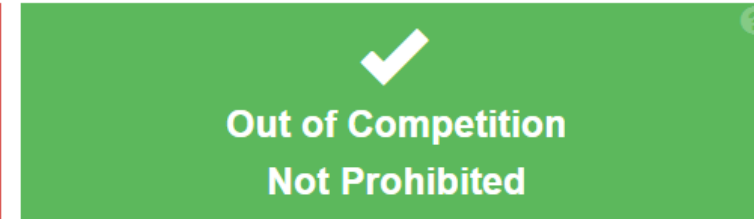
Pseudoephedrine tannate

Pseudoephedrine

Other Names

Pseudoephedrine hydrochloride; Pseudoephedrine sulfate; Pseudoephedrine tannate

Status According to the WADA Prohibited List



Conditions / Warnings



Pseudoephedrine is prohibited when the urinary concentration exceeds 150 microgram/mL. [Further information can be found from WADA.](#)

This threshold is not valid if you are using any substances in the category of diuretics and masking agents. In this case, you must have a Therapeutic Use Exemption for both the diuretic/masking agent and pseudoephedrine.



If your medication is administered by an intravenous (IV) infusion or injection, please note: The IV infusion and/or injection of more than 100mL per 12 hour period of any substance is a prohibited method, even if the substance itself is not prohibited, unless it is received while being treated at the hospital, during surgery, or during clinical diagnostic investigations. [Read More.](#)

WADA Classification(s)

Stimulants (S6)

IN-COMPETITION PERIOD

In-Competition*: The period commencing at **11:59 p.m. on the day before a Competition** in which the Athlete is scheduled to participate through the end of such Competition and the Sample collection process related to such Competition.

If a substance is prohibited in-competition, this does not mean an athlete should stop taking it at the start of the in-competition period; it means the substance needs to have left the athlete's system by this time.

*WADA may approve, for a particular sport, an alternative definition if an International Federation provides a compelling justification that a different definition is necessary for its sport.

WADA - Approved alternative
"In-competition" definition for
certain International Federations



POLL QUESTION

IS THIS MEDICATION:

- ☐ Prohibited at all times
- ☐ Prohibited in-competition
- ☐ Permitted



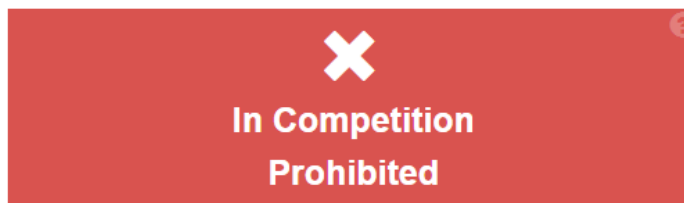
Insulin - medication
used to treat diabetes

Insulin

Other Names

Insulin (beef isophane); Insulin (beef neutral soluble); Insulin (beef protamine zinc); Insulin (beef zinc suspension); Insulin (human isophane); Insulin (human neutral soluble); Insulin (human zinc suspension); Insulin (human); Insulin (human, crb); Insulin (pork isophane); Insulin (pork neutral soluble); Insulin (pork zinc suspension); Insulin aspart; Insulin aspart (Genetical recombination); Insulin aspart protamine; Insulin biosynthetic human BR; Insulin degludec; Insulin detemir; Insulin detemir (Genetical recombination); Insulin glargine; Insulin glargine (Genetical recombination); Insulin glulisine; Insulin glulisine (Genetical recombination); Insulin human (Genetical recombination); Insulin Lente; Insulin lispro; Insulin lispro (Genetical recombination); Insulin lispro protamine; Insulin Protamine Zinc; Insulin Regular; Insulin semi synthetic human; Insulin Semilente; Insulin Ultralente; Isophane Insulin (NPH); Protamine zinc insulin (PZI)

Status According to the WADA Prohibited List



**In Competition
Prohibited**



**Out of Competition
Prohibited**

WADA Classification(s)

Hormone and Metabolic Modulators (S4)

Search Details

Reference #	Nation of Purchase	Sport	Search Date
062556038043	Switzerland	All other sports	06/02/2025 08:09:19(UTC)

If the status says conditional or prohibited and the substance or method cannot be replaced by a not prohibited alternative, please find out about the [procedure concerning the application for a Therapeutic Use Exemption \(TUE\)](#).

MEDICATIONS: USEFUL TIPS

✓ PRESCRIPTION AND OVER-THE-COUNTER

Both medications that **require** a prescription and those that can be bought **over-the-counter** can contain prohibited substances.

✓ INFORMING YOUR MEDICAL PROFESSIONAL

Athletes should **tell their medical professionals**, including those they see out of sport e.g., general practitioner, dentist, pharmacist, that they are an athlete and are subject to anti-doping rules.

✓ IN-COMPETITION VS. OUT-OF-COMPETITION

Different substances take **different amounts of time to leave your system** – be sure to take this into account when taking substances prohibited In-Competition as they must have left your system by the start of this period.

✓ ROUTE OF ADMINISTRATION

Check the substance but also how it will be used. For example, a cream used topically on the skin may be permitted while an injection of the same substance may be prohibited.

✓ DOSE

Some substances are prohibited at specific dosages, for example, some asthma medications. Refer to the Prohibited List for these prohibited dosages.

✓ BRAND

Some **brands names have multiple variations of the same product with different ingredients**. One could contain a prohibited substance while another may not. Take particular care to check medications of the same brand, including those purchased abroad as they may contain different ingredients.

THERAPEUTIC USE EXEMPTIONS (TUEs)

APPLY FOR A TUE IF YOU NEED TO USE A SUBSTANCE OR METHOD ON THE PROHIBITED LIST

Athletes may have a condition, illness or injury that requires a particular substance or method. If this substance or method appears on the Prohibited List, they may be granted a

Therapeutic Use Exemption (TUE)

If strict conditions are met
which gives them permission to use it within the context of sports regulations.

The TUE process **avoids the risk of sanctions** due to a positive test.



Want to know more about TUEs?
Go to [TUE Assistant - International Testing Agency](#)

TUE CRITERIA

For a TUE to be granted all four of the following criteria must be met:

The prohibited substance or method:

1. Is needed to treat a diagnosed medical condition.
2. Won't enhance performance beyond a return to normal health.
3. Is the recommended treatment for the medical condition and there is no permitted alternative.
4. Is not needed due to past use of a prohibited substance or method without a TUE.

All four criteria must be met for a TUE to be granted

WHAT ARE THE STEPS?

- ✓ International-level athletes* **should download a TUE form from the International Testing Agency's website: [ITA.SPORT/TUE](https://ita.sport/tue)**
- ✓ National-level athletes should submit their TUE application to their National Anti-Doping Organisation (NADO).
- ✓ **Athlete and their physician** fill out the TUE form together and submit it via ADAMS.
- ✓ Include all medical **details and documentation.**

Reminder!
Go to the [ITA TUE Assistant](https://ita.sport/tue)



HOW TO USE THE ITA TUE ASSISTANT

WHAT ARE YOUR TOP TUE TIPS?

SUPPLEMENTS

UNDERSTAND THE RISKS OF SUPPLEMENTS

✓ **CAN CONTAIN PROHIBITED SUBSTANCES AS THEIR MAIN INGREDIENTS**

✓ **CONTAMINATION**



Inadvertent
ingestion of
prohibited
substances

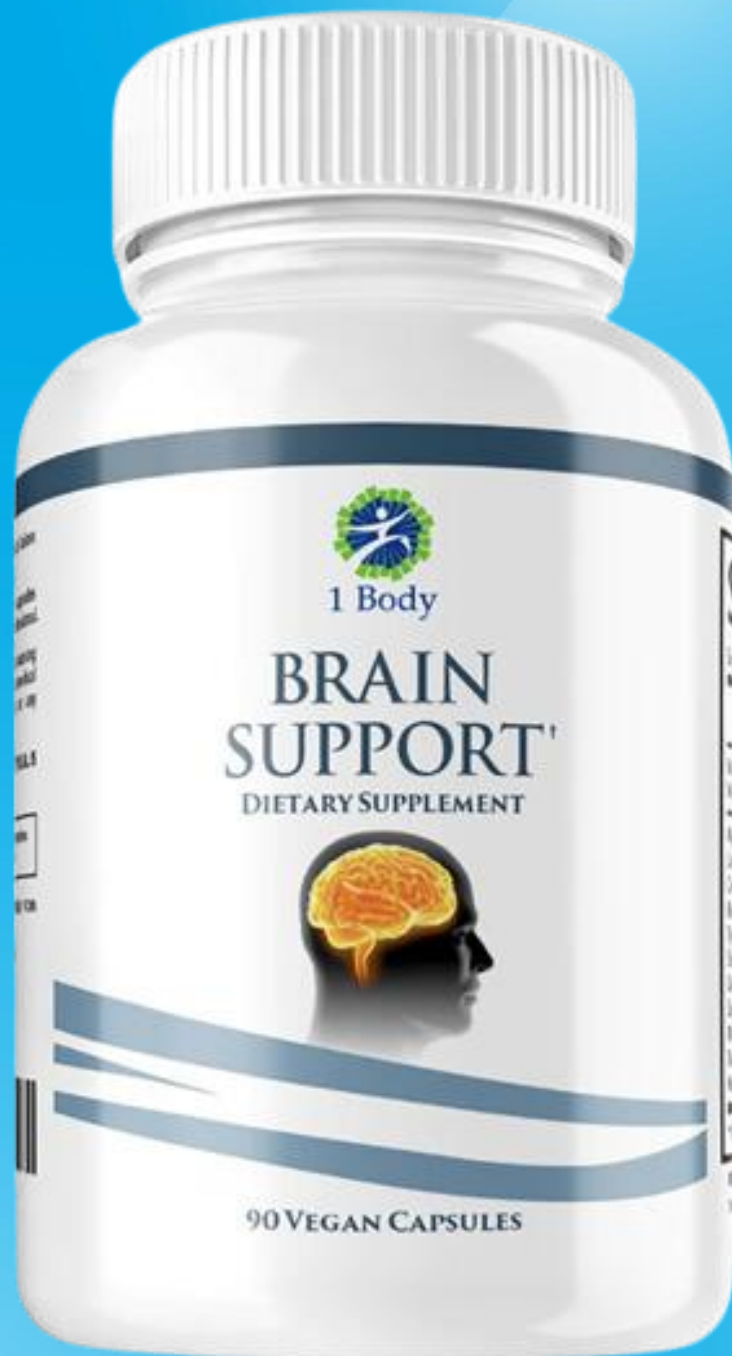
✓ **MISLABELLING**



Inadvertent
ingestion of
prohibited
substances

✓ **A RISK TO HEALTH** – testing of supplements has shown some to contain heavy metals and pesticides.

REMEMBER, no supplement is 100% risk free and may lead to an Anti-Doping Rule Violation!



POLL QUESTION

WHAT IS THE PROHIBITED INGREDIENT ON THE SUPPLEMENT LABEL?

- ☐ Centrophenoxine
- ☐ Lion's Mane Extract
- ☐ Rhodiola Rosea Extract

Supplement Facts		
Serving Size: 3 Capsules		Servings Per Container: 30
	AMOUNT PER SERVING	% DAILY VALUE
Vitamin B6 (as Pyridoxine HCL)	2.5 mg	150%
Vitamin B12 (as Methylcobalamin)	100 mcg	4167%
Alpha GPC (L-alpha-glycerolphosphorylcholine)	600 mg	*
Lion's Mane Extract (root) (Hericium Erinaceus)	500 mg	*
Centrophenoxine	300 mg	*
Bacopa Monnieri (whole plant extract)	200 mg	*
Tyrosine (as N-Acetyl-L-Tyrosine)	175 mg	*
Sharp-PS® Phosphatidylserine (from sunflower seed)	100 mg	*
Ginkgo Biloboa Extract (leaf) (27% flavone glycosides)	100 mg	*
Suntheanine® L-Theanine	100 mg	*
Rhodiola Rosea Extract (root)	50 mg	*
Taurine	25 mg	*
Huperzine – A (Huperzia serrata leaf standardized extract)	250 mcg	*
* DAILY VALUE NOT ESTABLISHED		
Other Ingredients: Vegetable capsule contains purified water and hypromellose.		

Supplement Facts

Serving Size: 3 Capsules

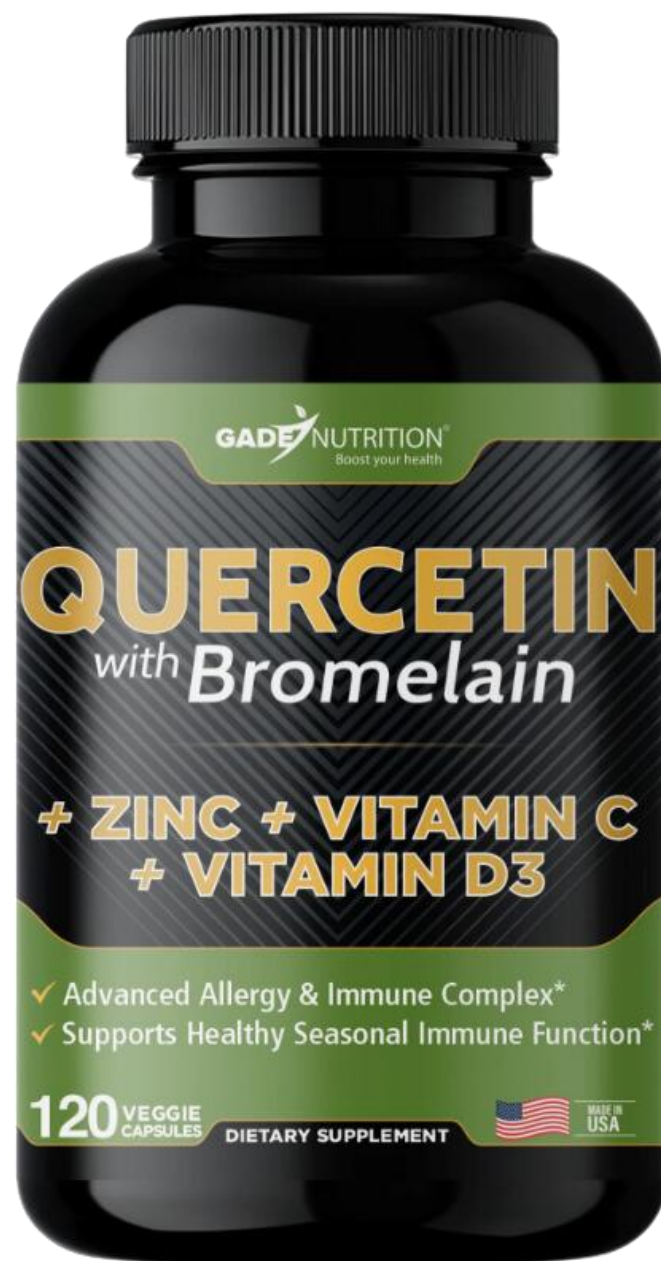
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Centrophenoxine	300 mg	*
Bacopa Monnieri (whole plant extract)	200 mg	*
Tyrosine (as N-Acetyl-L-Tyrosine)	175 mg	*
Sharp-PS® Phosphatidylserine (from sunflower seed)	100 mg	*
Ginkgo Biloba Extract (leaf) (27% flavone glycosides)	100 mg	*
Suntheanine® L-Theanine	100 mg	*
Rhodiola Rosea Extract (root)	50 mg	*
Taurine	25 mg	*
Huperzine – A (Huperzia serrata leaf standardized extract)	250 mcg	*

* DAILY VALUE NOT ESTABLISHED

Other Ingredients: Vegetable capsule contains purified water and hypromellose.

- Centrophenoxine is also known as **meclofenoxate**
- S6 Stimulant
- Prohibited in-competition



WRITE IN THE CHAT:

WHAT IS THE PROHIBITED
INGREDIENT ON THE
SUPPLEMENT LABEL?

Supplement Facts

Serving Size: 2 Veggie Capsules
Servings Per Container: 60

Amount Per Serving	% Daily Value	
Quercetin (Std. to 95% Pure Quercetin; from Sophora Japonica Leaf Extract)	500 mg	**
Bromelain (from Pineapple Stem) (2400 GDU/gram)	200 mg	**
IMMUNE SUPPORT BLEND		
Vitamin C (as Ascorbic Acid)	120 mg / 133%	
Vitamin D (Cholecalciferol)	25 mcg / 125%	
Zinc (from Zinc Ascorbate)	22 mg / 200%	

**** Daily Value (DV) not established**

Other Ingredients: Vegetable Cellulose (Capsules), Magnesium Stearate (Vegetable Source).

ZERO SUGAR, GRAIN, MILK, EGGS SHELLFISH, DAIRY, NUTS, SOY, GLUTEN, PRESERVATIVES, OR ANIMAL PRODUCTS.



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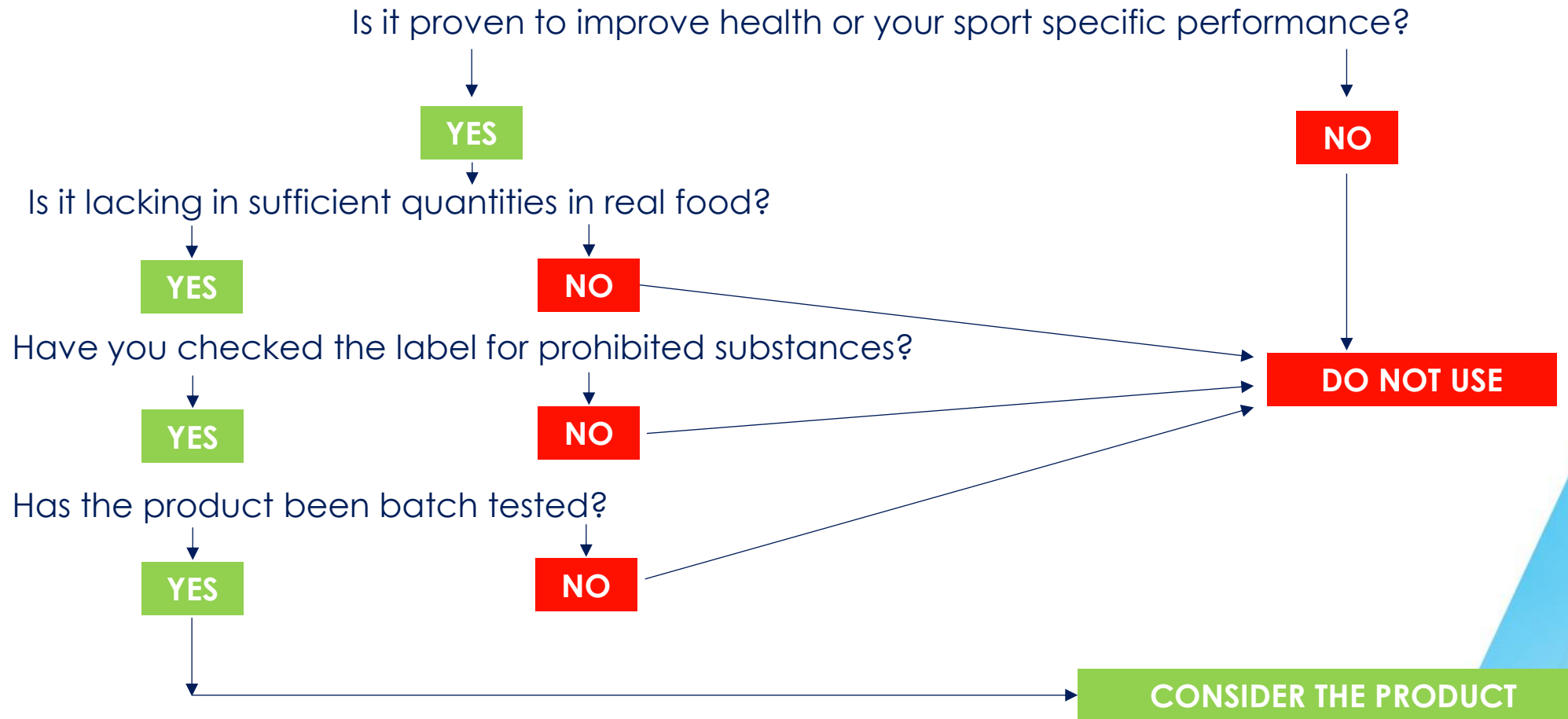
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ZERO SUGAR, GRAIN, MILK, EGGS SHELLFISH, DAIRY, NUTS, SOY, GLUTEN, PRESERVATIVES, OR ANIMAL PRODUCTS.



- During the investigation of a doping case **this product was tested, revealing the presence of Ostarine** (which is not listed on the label)
- S1 Anabolic Agent
- Prohibited at all times

SUPPLEMENT DECISION-MAKING FLOWCHART



Athletes **should only consider using supplements that have been batch tested** by an independent supplement certification company for substances prohibited in sport.

INDEPENDENT SUPPLEMENT CERTIFICATION COMPANIES



sport.wetestyoutrust.com



nsfsport.com



koelnerliste.com



bscg.org

**Remember, no supplement is 100% risk-free
and may lead to an Anti-Doping Rule Violation**

TESTING

WHAT IS TESTING?

Testing: The parts of the Doping Control process involving test distribution planning, Sample collection, Sample handling, and Sample transport to the laboratory.

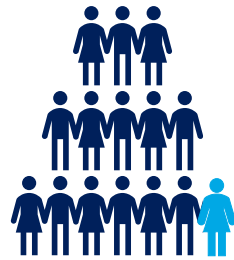
***International Standard for Testing and Investigations,
Part One, Definitions and Interpretations***

WHO CAN BE TESTED?

- ✓ Any athlete under the jurisdiction of an anti-doping organisation (ADO) and subject to their anti-doping rules.
- ✓ **Any athlete can be tested any time at any place.** Outside of competition, this includes at home, at training or at work or school.



ATHLETE SELECTION



Random testing



Target testing

ATHLETES' RESPONSIBILITIES DURING DOPING CONTROL

- ☒ Report for testing immediately once notified
- ☒ Show valid identification, such as your passport or, during a Major Games, your accreditation
- ☒ Remain in direct sight of the DCO or Chaperone
- ☒ Comply with the sample collection procedure

ATHLETES' RIGHTS DURING DOPING CONTROL

- ☒ Have a representative with you
- ☒ Request an interpreter, if available
- ☒ Ask for Chaperone's/DCO's identification
- ☒ Ask any questions
- ☒ Request special assistance or modifications for valid reasons
- ☒ Record any comments or concerns on the form
- ☒ Request a delay for valid reasons

VALID REASONS TO REQUEST A DELAY

- ☒ Attending a victory ceremony
- ☒ Finishing a training session or competing in further events
- ☒ Receiving necessary medical attention
- ☒ Fulfilling media commitment
- ☒ Warming down

The DCO will decide if the request for a delay is valid and the athlete will be continuously observed during any delay.

FOR CLEAN, TRUE SPORT

DOPING CONTROL PROCEDURE

[MANGA Doping Control Procedure Anime – JADA - Japan Anti-Doping Agency YouTube channel](#)

KEY STEPS OF THE DOPING CONTROL PROCESS



	AN ATHLETE'S GUIDE TO TESTING	
ENG		FRA
	GUIDE DU SPORTIF POUR LES CONTRÔLES	
GER		ESP
	DOPINGKONTROLLEN: LEITFADEN FÜR ATHLET*INNEN	
POR		ITA
	GUÍA DEL ATLETA PARA EL CONTROL ANTIDOPAJE	
HUN		RUS
	GUIA DO ATLETA PARA TESTES	
CHN		KOR
	GUIDA DELL'ATLETA PER IL TEST	
JPN		ARA
	DOPPINGELLENŐRZÉSI ÚTMUTATÓ SPORTOLÓKNAK	
	ПАМ'ЯТКА СПОРТСМЕНА ПО ТЕСТИРОВАНИЮ	
	运动员兴奋剂检查指南	
	선수들을 위한 도핑검사 안내	
	ドーピング検査のためのアスリートガイド	
	دليل الرياضي للاختبار	

ADVICE FOR ATHLETE SUPPORT PERSONNEL

- ✓ Athlete Support Personnel play a **key role in developing the narrative around testing** – make sure this is positive! e.g., 'Testing is recognition of your hard work and success.'
- ✓ You may act as an Athlete Representative during Doping Control - **observe the process is being followed correctly and support your athlete** with tasks like checking the sample codes and adding any comments to the Doping Control Form.
- ✓ If you are an Athlete Representative during Doping Control you should **sign the form** in addition to the athlete and DCO to indicate you are satisfied it is accurate.

**WHAT ROLE SHOULD COACHES AND
ASP PLAY IN ENSURING THAT THE
ENTIRE ATHLETE SUPPORT TEAM
UNDERSTANDS CLEAN SPORT?**

CONSEQUENCES



SANCTIONS **FOR** **AN ADRV**

1 DISQUALIFICATION
An athlete's competition results can be disqualified.
If results are disqualified, medals, prizes and points will be returned.

2 INELIGIBILITY
The athlete or other person cannot participate in competition, sport-related activity in any capacity or receive funding for the duration of the sanction, which can be up to a lifetime.

3 PROVISIONAL SUSPENSION
From notification of an ADRV, the athlete or other person cannot compete or engage in sport-related activities until a final decision on consequences is made.

4 FINANCIAL CONSEQUENCES
This may include fines and recovery of costs associated with the ADRV.

5 PUBLIC DISCLOSURE
Information about the ADRV is made public, except for minors (under 18) or in exceptional circumstances.

6 TEAM CONSEQUENCES
Teams may also face consequences as outlined in their sports anti-doping rules.

PROACTIVE REPORTING

WHO CAN REPORT?

WHAT CAN I REPORT?



Anyone within the sport community can report anything they see, hear, know or suspect.



Something from the past, something happening now, or something someone intends to do in the future.



About athletes, coaches, team doctors, physios, or otherwise athlete support persons, administrators or parents of athletes and entourage.



All information is important, no matter how big or small.

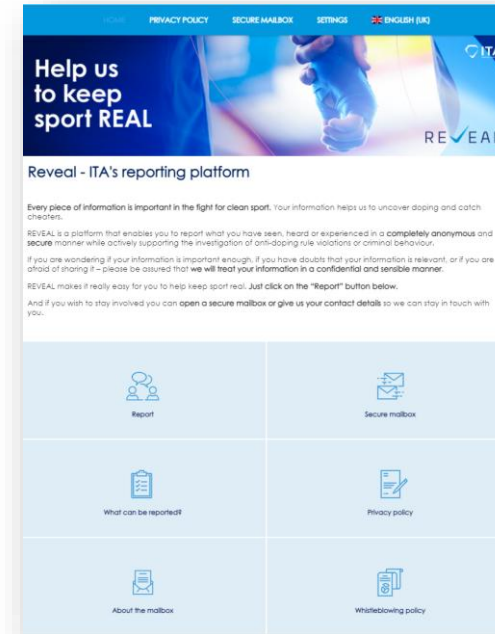
HOW CAN I REPORT?

- ✓ ITA's secure reporting platforms can be used to report what you have **seen, heard or experienced** in a secure, confidential and anonymous manner.
- ✓ Option to **open a mailbox** and/or provide contact details for further exchanges.
- ✓ **Every piece of information is important** – no matter how small.
- ✓ Reports can be submitted in **any language**.

WWW.REVEAL.SPORT

RE✓EAL

ITA
KEEPING SPORT REAL



All pieces of the puzzle – big or small – are important to protect yourself, protect your fellow athletes and to protect your sport.

RE✓EAL

REPORT DOPING SECURELY AND CONFIDENTIALLY

HOW DO YOU REPORT?

Use our web-based reporting platform

Send us an anonymous email

Send us an anonymous WhatsApp message

+41 79 807 85 18

WHY SHOULD YOU REPORT?

Only 1.25% of all doping sanctions are imposed on athlete support personnel – yet we know athletes rarely dope alone. The uncovering of many systematic doping regimes, which harms athletes the most, has come from proactive reporting. You can make a difference!

WHAT CAN YOU REPORT?

Anyone can report anything they have seen or heard. Report concrete information or even a suspicion to the ITA in any language.

WHO ARE YOU REPORTING TO?

The ITA experts who manage reports are all highly trained professionals who have years of experience handling sensitive cases and are committed to athlete and clean sport protection.

Choose the best option for you!

We treat your identity with professional confidentiality, or you can decide to remain anonymous.

CONFIDENTIAL

Your identity will only be known to the ITA Experts. The ITA cannot mention your identity without your consent, unless required by law.

ANONYMOUS

You can provide information to us without giving us your identity.

The protection of the identity of the Proactive Reporter is at the heart of the ITA's intelligence & investigations work.

If you see something, hear something, suspect something or know something. SAY SOMETHING!

#KeepingSportReal

I'VE SHARED INFORMATION VIA REVEAL, NOW WHAT?

The information you provide will be reviewed by ITA experts and will be assessed on its merits as 'good faith' reporting. After this review, potential action will be considered and taken in a safe, confidential and considerate manner. Your reporting will be responded to and we will provide feedback, where possible, on every step along the way!

RE✓EAL



 **MAKE YOUR REPORT FOR FAIRNESS IN SPORT**

HOW DO YOU REPORT?

Use our **web-based reporting platform**



Send us an anonymous **email**



Send us an anonymous **WhatsApp** message



+41 79 807 85 18

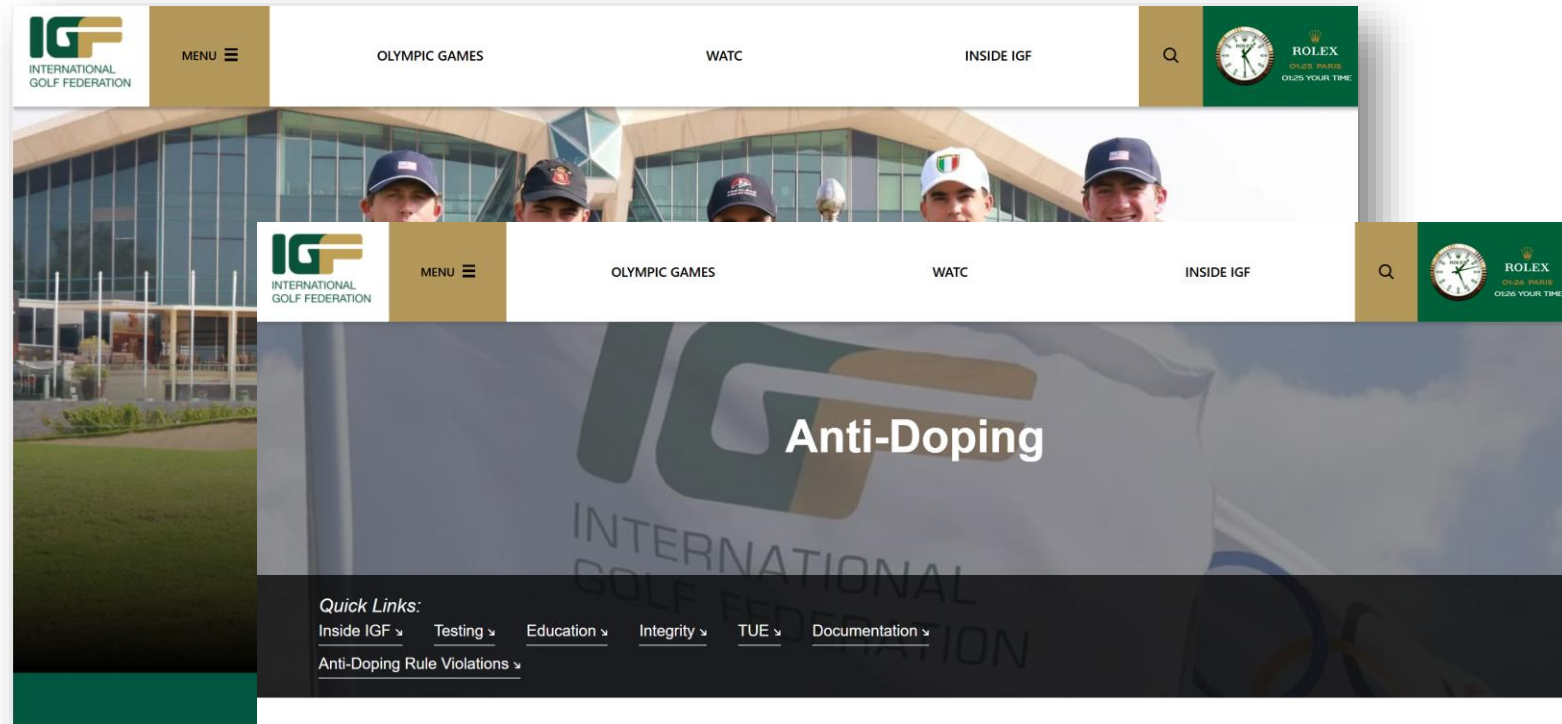
WHAT HAPPENS WHEN I REPORT?

- ✓ The ITA's priority is **always to protect the identity of any Proactive Reporter.**
- ✓ We would rather sacrifice “making cases” than risk exposing anyone who put their trust in us at the ITA by Proactively Reporting their concerns.
- ✓ The I&I team at the ITA behind REVEAL are **trained and experienced in managing confidential information** and Proactive Reporters.
- ✓ Information obtained is reviewed against other information, assessed for potential impact and actioned accordingly.
- ✓ Actions are taken if concerns and allegations are substantiated.

IN SUMMARY...

- ✓ Know where to find the Athlete's Anti-Doping Rights Act
- ✓ Master the principle of strict liability
- ✓ Know the 11 ADRVs and to whom they apply
- ✓ Know what the Prohibited List is, where to find it, and to actively refer to it
- ✓ Understand what a TUE is and how to apply
- ✓ Know how to manage supplement risks, use the decision-making flowchart
- ✓ Know who can be tested and when, and know athletes' responsibilities
- ✓ Reflect on the consequences of doping and understand the different sanctions
- ✓ Know who can report and what can be reported

CLEAN SPORT RESOURCES



Latest News:

- The International Golf Federation (IGF), in collaboration with the International Testing Agency (ITA), is pleased to announce the official launch of the **2025 WATC golf-specific anti-doping education webinars**. These sessions are designed to promote the values of clean sport and enhance awareness around anti-doping practices within the golfing community.

Webinar No. 1 -Tuesday, 26 August 2025- 14:00-15:00 CEST

[GO TO IGF – CLEAN SPORT WEBPAGE](#)



[GO TO 2025 CLEAN SPORT EDUCATION HANDBOOK](#)

FIND US AT THE IGF OFFICES IN THE TANAH MERAH COUNTRY CLUB (TMCC)



Alessandro Spegno
IGF Project Manager



Dr Margo Mountjoy
IGF Medical Committee
member



Dr Patrick Schamasch MBE
IGF CMO

ITA AMBASSADORS ON SITE



JANICE LYN

28-29 SEPTEMBER 2025



ANA JELUSIC, OLY

5-6 OCTOBER 2025

ITA IF SERIES

WEBINAR SERIES

1

27 Aug

from 14:00 to 15:00 CEST

INTRODUCTION TO ANTI-DOPING

العربية | ENGLISH | ESPAÑOL | FRANÇAIS | РУССКИЙ | 普通话



WEBINAR SERIES

2

3 Sep

from 14:00 to 15:00 CEST

THE PROHIBITED LIST, MEDICATIONS, TUES, AND SUPPLEMENTS

العربية | ENGLISH | ESPAÑOL | FRANÇAIS | РУССКИЙ | 普通话



WEBINAR SERIES

3

10 Sep

from 14:00 to 15:00 CEST

TESTING

العربية | ENGLISH | ESPAÑOL | FRANÇAIS | РУССКИЙ | 普通话



[REGISTER HERE](#)

✓ **ITA Athlete Hub**

A collection of resources to support an athlete's clean sport career.

✓ **ITA Monthly webinars**

Open to all, tackling a key anti-doping subject every month with expert panellists. Delivered in English, with simultaneous translation in Arabic, French, Russian and Spanish. Subscribe [here](#) to receive the ITA newsletter, including webinar registration details.

✓ **WADA ADEL**

A free online platform for anyone who wants to learn about clean sport, including e-learning courses in different languages for different anti-doping stakeholders including athletes, coaches and medical personnel.

✓ **Contact your National Anti-Doping Organisation**

To find out about their clean sport education programs and initiatives.

RESOURCES

Key organisations

[World Anti-Doping Agency \(WADA\)](#)
[The International Testing Agency \(ITA\)](#)

Key documents

[The World Anti-Doping Code](#)
[Athletes' Anti-Doping Rights Act](#)
[The Prohibited List](#)

ADRVs

[The Sport Integrity Commission video: Anti-Doping Rule Violations](#)
[ITA Monthly webinar - Ask the Expert: The Anti-Doping Rule Violations](#)

The Doping Control Process

[An athlete's guide to testing](#)
[JADA Manga Doping Control Process](#)
[ITA monthly webinar: Testing – what you need to know](#)

Testing pools and Whereabouts

[ITA Tutorials](#)
[ITA monthly webinar: Whereabouts: A practical guide](#)
[ITA ADAMS & Whereabouts quick reference card Athlete Central](#)

Checking medications

[List of NADOs](#)
[Global DRO](#)
[ITA Athlete Hub – a guide for checking medications](#)

TUEs

[ITA TUE page](#)
[ITA TUE assistant](#)

Supplements

[ITA Athlete Hub – a guide to making informed decisions about supplement use](#)
Independent batch-testing companies – [Informed Sport](#), [Kolner List](#), [NSF](#)
[ITA Monthly webinar: Navigating Supplements: Reducing your Risk of an Anti-Doping Rule Violation](#)

Proactive reporting

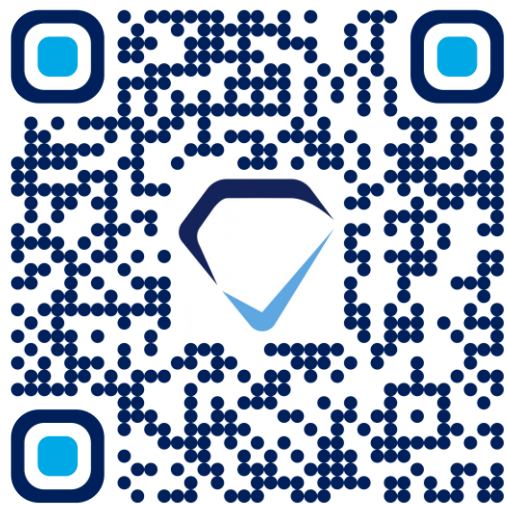
[ITA Reveal platform](#)
[ITA Monthly webinar: Ask the Expert: Intelligence & Investigations](#)
[ITA Monthly webinar: Proactive Reporting - your questions answered](#)

Q&A

MORE QUESTIONS?

SUBSCRIBE

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